Welcomes you to MAZEL TOV
MAZEL TOV means “Good Luck” in Hebrew language
First Things First...

- Complete the visa formalities
- Book your ticket
- Check the distance between the airport and your university town
- Contact the Indian Students’ Association of the university for pick-up arrangements
- Get a thorough medical check up done. Check for appendicitis, kidney/gall bladder stones. Take Flu shots and Hepatitis vaccination.
Skills for Survival

• Learn to cook !!

• Develop your MS Word, PowerPoint and Excel skills
Shopping Time !!

- Generic OTC medicines like Dispirin, Crocin/ Paracetamol, Dygiene/ Pudinhara, Dettol/Bandaid, Burnol, Cough Syrup, Relaxyl, Antiallergic, Vicks, etc.

- Crepe bandages

- Keep a few Dispirins in your cabin luggage
Shopping Time !!

• Books – check with students

• A pressure cooker

• Basic utensils like:
  • Spoons
  • Ladles
  • Plates
  • Bowls
  • Glasses
  • Cooking vessels (kadai, frying pan, belan, etc.)

  • Don’t take forks and knives
  • Don’t take glass utensils
Shopping Time!!

• Some very basic spices like:
  • Haldi Powder
  • Garam Masala
  • Zeera Powder
  • Salt
  • Sugar
  • Don’t take any seeds (mustard seeds, rice, etc.)
  • Don’t take any tea/coffee
  • Don’t take anything that might spill and spoil your luggage (e.g. oily pickles, etc.)

• Take 5-10 packets of Mathri and other dry snacks for the initial 2-3 days after you land
Shopping Time !!

- **Some items that are very expensive abroad:**
  - Bedsheets
  - Pillow cases
  - Towels
  - Socks
  - Undergarments
  - Hawai chappals
  - Sewing needle and thread
  - Hair Oil
  - Talcum powder

- **Avoid carrying the following items in excess:**
  - Shoes
  - Blankets
  - Woollens
Cabin Luggage

- Your cabin luggage should definitely have the following:
  - A sweater / jacket
  - A pair of socks
  - 1-2 change of clothes
  - A towel
  - Tooth paste and a toothbrush
  - Some headache and chill medicines
  - All the money that you will be carrying
  - Your passport and university admission letter/I20

- Carry at least 20 one dollar notes
During your flight journey

- Drink a lot of water (avoid coffee)

- Every 3-4 hours, take a walk. Stretch your limbs

- EAT
- Sleep as much as you can
Once you land

• Immigration

• Sleep and get rid of the jet lag

• Force yourself to sleep at night!

• Start looking for on-campus jobs and RA/GAs ASAP!
Some tips to maximize your study abroad experience...

- Mingle with people from various countries
- Participate in the campus activities
- Join the student clubs
- Professors are very helpful and accessible – build good rapport with them

• Networking
IMPORTANT

• Plagiarism is a sin!! Do not copy assignments. Even if you use material available on the internet, always give the source.

• Keep an eye on your grades – as an international student, your grades cannot fall below a certain minimum CGPA. Find out from your university what that minimum CGPA is.
STUDENT INSURANCE

• ICICI Lombard General Insurance Company Ltd are offering special tailor made STUDENT OVERSEAS MEDICAL / TRAVEL INSURANCE policies as per the University requirements

• All the claims settlement in USA will be taken care by United Health care & hospitalization treatment will be cashless

For information contact –
• Sumeet Chopra Mobile- 09650846644 / 09818117998
• Email Id - student.teamicici@gmail.com
EDUCATION LOAN

• Credila Education Loans covers complete cost of education including living and other expenses.

• The Company offers educational loans with minimum loan value being Rs 50,000/- and offers flexible repayment plans with repayment tenure up to 10 year (120 months)

For information contact –
• Contact – Mr. Ashish Shanker
  ▪ Phone – 8860638062
  ▪ Email - ashishs@credila.com
POUNDWIZE is a market leader in cross border and Merchant solutions. Poundwize Forex has been operating for over 10 years and has been providing services in both Leisure and Business segment through its network of partner agents and corporate across India. They make the entire outward remittance from India process simple, convenient and transparent, along with providing a secure environment that induces trust and provides value.

For information contact –

- E-mail - ravindra@poundwize.com
- Phone - 09958648585
Wishes you GOOD LUCK for your future!!